"Existing to break the silence of the sexual abuse and rape of men in order to empower those affected to defeat the legacy of abuse to move towards positive futures"



09 September 2013

To whom this may concern,

## Re: CORS (Go-Gravitas)

I am writing in full support of the team at Go-Gravitas, particularly Karen Spencer, John Spencer and Jessica Atlas.

We are small charity supporting adult male survivors of sexual abuse and rape in Greater Manchester, proving a number of different support services that aim to enable our beneficiaries to explore the impact of the trauma and move forward in their lives, choosing healthier and more adaptive mechanisms in dealing with the legacy.

Our services include, formal counselling and psychotherapy, group activities, telephone support, email support, health and well-being engagements, third party police reporting, prison in-reach and 1:1 emotional support and advice. In a sector that hears the voices of females much more than males, it is vital that we are able to evidence what we do and provide clear outcomes reporting to the change we are able to help individuals make.

With such importance on developing a case management and outcomes reporting mechanism for so many varied services, it was vital that whatever system we picked we could get the support to adapt the system to fit us perfectly.

The team at CORS have been the most fantastic source of support from the outset.

From the day we installed the CORS system, Karen, John and Jess have been 100% supportive.

Not only have they helped install the system, but they have also worked **alongside** us in transferring our current pathways and ideas to CORS, offering a much needed hand holding service in the early days of us getting use to working on the system, but extended this support still today where they have used their knowledge and experience in outcomes monitoring to help us develop a better monitoring system for our organisation.

The care and attention to detail they have is outstanding and we see them as an extension of our team. Not just a supplier but a team of people that really care about what they do.

They have also been accepting of our feedback and when something doesn't seem to quite work for us, or we feel that a part of the system needs a small adaption,

we tell them and they have taken time to reflect on the feedback, and have amended to better fit.

By doing this with all of their customers, the system is being developed and updated and continues to meet our developing needs.

We have been so impressed with the whole ethos and support of the organisation that we have recommended it to a number of our partners.

CORS is an amazing system, developed by an equally amazing team. I have absolutely no concerns about recommending it to any organisation, large or small.

I am more than happy to discuss my comments, email <a href="mailto:duncan@survivorsmanchester.org.uk">duncan@survivorsmanchester.org.uk</a> or contact 0161 236 9025

Yours sincerely

 $\label{eq:Duncan Craig.} \mbox{ MBACP. MA Couns (with Dist)}.$ 

**Service Director**